

October 2026

Center for Behavioral Health — Outpatient Program

Memorial Regional Hospital — 5595 B S University Drive, Davie, FL 33328

Main Line: (954) 276-3452 | Fax: 954-276-0107

Hours: **Mon–Fri 12:00–8:00pm** | **Sat & Sun 12:00–5:00pm**

We are an Adult Center (18 years and over) — Smoking Cessation Classes Wednesdays at noon

“People helping people recover.” — Follow Memorial Healthcare System’s page for updates.

Legend: □ Social & recreational activities □ Creative & educational classes □ Support & therapy groups

SUN	MON	TUE	WED	THU	FRI	SAT
			Please Note: Due to unforeseen circumstances, the Calendar may be subject to Change. We appreciate your understanding.	1 12:00pm Jewelry Making 2:00pm Journaling 3–5:00pm Let’s Get Sewing 5:00pm Depression Support 6:00pm Guitar Class 7:00pm Mindfulness	2 Please Note: Rebels will be closed today.	3 12:00pm Social Circle 1:00pm Level Up Learning 2:00pm Schizophrenia Alliance 3:00pm Gaming 4:00pm Dominos with Friends
4 12:00pm Social Circle 1:00pm Emotional Wellness 2:00pm Creative Arts 3:00pm Gaming 4:00pm Board Games with Friends	5 12:00pm Social Circle 1:00pm Let’s Get Moving 2:00pm Creative Arts 3:00pm Anxiety Mgt 4:00pm NAMI 5:30pm Sisterhood of Becoming 6:00pm Karaoke with Friends 7:00pm Mindfulness	6 12:00pm Social Circle 2:00pm Creative Arts 3:00pm Gaming 4:00pm Depression Support 5:00pm Creative Dry Clay 6:00pm Guitar Class 6:30pm Anxiety Mgt 7:00pm Mindfulness	7 12:00pm Social Circle 1:00pm Brotherhood of Becoming 2:00pm Rebels Steppers 3:00pm Level Up Learning 4:00pm Spanish 101 5:00pm All Recovery 6:00pm Karaoke with Friends 7:00pm Mindfulness	8 12:00pm Jewelry Making 2:00pm Journaling 3–5:00pm Let’s Get Sewing 5:00pm Depression Support 6:00pm Guitar Class 7:00pm Mindfulness	9 12:00pm Social Circle 1:00pm NAMI 2:00pm Dominos w/ Friends 3:00pm Crochet 4:00pm JEOPARDY 5:00pm Wellness Support 6:00pm Karaoke with Friends 7:00pm Mindfulness	10 12:00pm Social Circle 1:00pm Level Up Learning 2:00pm Schizophrenia Alliance 3:00pm Gaming 4:00pm Dominos with Friends
11 12:00pm Social Circle 1:00pm Emotional Wellness 2:00pm Creative Arts 3:00pm Gaming 4:00pm Board Games with Friends	12 12:00pm Social Circle 1:00pm Let’s Get Moving 2:00pm Creative Arts 3:00pm Anxiety Mgt 4:00pm NAMI 5:30pm Sisterhood of Becoming 6:00pm Karaoke with Friends 7:00pm Mindfulness	13 12:00pm Social Circle 2:00pm Creative Arts 3:00pm Gaming 4:00pm Depression Support 5:00pm Creative Dry Clay 6:00pm Guitar Class 6:30pm Anxiety Mgt 7:00pm Mindfulness	14 12:00pm Social Circle 1:00pm Brotherhood of Becoming 2:00pm Rebels Steppers 3:00pm Level Up Learning 4:00pm Spanish 101 5:00pm All Recovery 6:00pm Karaoke with Friends 7:00pm Mindfulness	15 12:00pm Jewelry Making 2:00pm Journaling 3–5:00pm Let’s Get Sewing 5:00pm Depression Support 6:00pm Guitar Class 7:00pm Mindfulness	16 12:00pm Social Circle 1:00pm NAMI 2:00pm Dominos w/ Friends 3:00pm Crochet 4:00pm BINGO 5:00pm Wellness Support 6:00pm Karaoke with Friends 7:00pm Mindfulness	17 12:00pm Social Circle 1:00pm Level Up Learning 2:00pm Schizophrenia Alliance 3:00pm Gaming 4:00pm Dominos with Friends
18 12:00pm Social Circle 1:00pm Emotional Wellness 2:00pm Creative Arts 3:00pm Gaming 4:00pm Board Games with Friends	19 12:00pm Social Circle 1:00pm Let’s Get Moving 2:00pm Creative Arts 3:00pm Anxiety Mgt 4:00pm NAMI 5:30pm Sisterhood of Becoming 6:00pm Karaoke with Friends 7:00pm Mindfulness	20 12:00pm Social Circle 2:00pm Creative Arts 3:00pm Gaming 4:00pm Depression Support 5:00pm Creative Dry Clay 6:00pm Guitar Class 6:30pm Anxiety Mgt 7:00pm Mindfulness	21 12:00pm Social Circle 1:00pm Brotherhood of Becoming 2:00pm Rebels Steppers 3:00pm Level Up Learning 4:00pm Spanish 101 5:00pm All Recovery 6:00pm Karaoke with Friends 7:00pm Mindfulness	22 12:00pm Jewelry Making 2:00pm Journaling 3–5:00pm Let’s Get Sewing 5:00pm Depression Support 6:00pm Guitar Class 7:00pm Mindfulness	23 12:00pm Social Circle 1:00pm NAMI 2:00pm Dominos w/ Friends 3:00pm Crochet 4:00pm JEOPARDY 5:00pm Wellness Support 6:00pm Karaoke with Friends 7:00pm Mindfulness	24 12:00pm Social Circle 1:00pm Level Up Learning 2:00pm Schizophrenia Alliance 3:00pm Gaming 4:00pm Dominos with Friends
25 12:00pm Social Circle 1:00pm Emotional Wellness 2:00pm Creative Arts 3:00pm Gaming 4:00pm Board Games with Friends	26 12:00pm Social Circle 1:00pm Let’s Get Moving 2:00pm Creative Arts 3:00pm Anxiety Mgt 4:00pm NAMI 5:30pm Sisterhood of Becoming 6:00pm Karaoke with Friends 7:00pm Mindfulness	27 12:00pm Social Circle 2:00pm NSU 3:00pm Gaming 4:00pm Depression Support 5:00pm Creative Dry Clay 6:00pm Guitar Class 6:30pm Anxiety Mgt 7:00pm Mindfulness	28 4:00–8:00pm Easel on Fire Please Note: Rebels will be open 4:00pm–8:00pm for Easel on Fire.	29 12:00pm Jewelry Making 2:00pm Journaling 3–5:00pm Let’s Get Sewing 5:00pm Depression Support 6:00pm Guitar Class 7:00pm Mindfulness	30 12:00–4:00pm Halloween Party 4:00pm BINGO 5:00pm Wellness Support 6:00pm Karaoke with Friends 7:00pm Mindfulness	31 12:00pm Social Circle 1:00pm Level Up Learning 2:00pm Schizophrenia Alliance 3:00pm Gaming 4:00pm Dominos with Friends