

# APRIL 2025



## Memorial Senior Partners

**Boulevard Heights Community Center**  
**6770 Garfield St. Hollywood, FL 33024**  
**To register for our Upcoming Events, Trips & Lunch call 954-371-5633 or 954-371-5631**

**In Collaboration with our Community Partners, we are Grateful for their Ongoing Support**



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	8:45am Live Exercise Cardio-Resistance Bands 10:15am VITAS-English Bereavement Group 10:15am UF/IFAS Nutrition Workshop Series 11:15am Nutritious Lunch 12:45-2pm Dismissal	8:45am Live Exercise Cardio 10:15am Area Agency on Aging- Broward County ADRC- Elder Abuse – Interactive Presentation 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Cardio- Resistance Bands 10:15am Circuit Station volley balloon, Arts & Crafts & footwork-practice 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	Home Visits and Off-Site Senior Activities
7	8	9	10	11
8:45am Live Exercise Cardio –Weights 10:15am SFCE-ILUMA therapeutic music workshop 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Cardio-Resistance Bands 10:15am Long Term Care Informative Presentation 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	<b>Hollywood Beach</b> <b>Weather Permitting</b> 	8:45am Live Exercise Cardio-Resistance Bands 10:15am Circuit Station volley balloon, Arts & Crafts & footwork-practice 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	Home Visits and Off-Site Senior Activities
14	15	16	17	18
8:45am Live Exercise Cardio –Weights 10:15am Circuit Station volley balloon, Arts & Crafts & footwork-practice 10:30am Vitals – Hollywood Fire Rescue 11:15am Nutritious Lunch	8:45am Live Exercise Cardio-Resistance Bands 10:15am South Florida Wildlife Center- Informative Presentation 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Zumba Gold 10:15am Broward County Environment Dept. Natural Resources Division- Earth Day Presentation 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	9-10am Social Hour 10:30am Physical Exercise Live -Light Exercise Cardio 12pm Circuit Station Activity volley balloon, Arts & crafts, footwork showcase 12:45pm Nutritious Lunch 2pm Program Dismissal	Home Visits and Off-Site Senior Activities
21	22	23	24	25
8:45am Live Exercise Cardio –Weights 10:15am Survival Interactive English Class 10:15am VITAS –DUELO Spanish Support Group 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Cardio-Resistance Bands 10:15am Arts & Crafts Interactive Creativity Table Board Games Social 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Zumba Gold 10:15am Spring Bingo Fun Interactive Social Fun 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	9am-10am Social Hour 10:15am Senior Partners Spring Fashion Show - Animal Print Clothing – Interactive Fashion Show 12pm B-day Celebration 12:30pm Nutritious Lunch 1pm-2pm Dismissal	Home Visits and Off-Site Senior Activities
28	29	30		
8:45am Live Exercise Cardio –Weights 10:15am Spring Bingo Fun 10:15am FLOW- Florida Licensing on Wheels 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Cardio Resistance Bands 10:15am Senior Rhythms Music therapy, Music is Art Art and Culture Center of Hollywood 11:15am Nutritious Lunch 12:45-2pm Program Dismissal	8:45am Live Exercise Zumba Gold 10:15am Interactive Mental Health- Self-care Presentation 11:15am Nutritious Lunch 12:45-2pm Program Dismissal		<b>**Please Note</b> <b>Due to unforeseen circumstances, the Calendar may be subject to Change. We appreciate your understanding</b>