



# Medication List

FOLD HERE

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Physician's Name

\_\_\_\_\_  
Physician's Phone

**Allergies** (Drug and/or Food)

FOLD HERE

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Patient's Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Emergency Contact

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Preferred Pharmacy

\_\_\_\_\_  
Phone

\_\_\_\_\_



## Directions for Your Medication List:

1. **Always keep this form with you.** You should fold it and keep it in your wallet. Then it will be available in case of an emergency.
2. **Write down all of the medications you are currently taking.** List all of your allergies. Add information on medications taken in clinics, hospitals, other health care settings, and at home.
3. **Take this form with you** on all visits to your clinic, pharmacy, hospital, doctor or other providers.
4. **Write down all changes made to your medications** on this form. When you stop taking a certain medicine, make sure to write this on your list. If you need help, ask your doctor, nurse, pharmacist, or family member to help you keep it up-to-date.
5. **When you are discharged from the hospital, someone will talk with you about which medications to take and which medications to stop taking.** Many changes are often made after a hospital stay. A new list may be filled out. When you go back to your doctor, take your list with you. This will help keep everyone up-to-date on your medications.

## How does this list help you?

- This list helps you and your family members remember all of the medications you are currently taking. You should share your list with everyone who makes medical decisions with you.
- This list will give your doctors and other providers a list of ALL of the medications you are taking. They need to know the herbals, vitamins, and over-the-counter medications you take.
- Doctors and other providers can prevent health problems that could happen from taking medicines that do not work well together. This list will let them know what you are taking.