

# Spread the Word, Not the Flu!

**The Centers for Disease Control and Prevention (CDC) reports a worldwide pandemic with H1N1 Influenza A.**

**In order to better care for our patients, we are asking that you inform our staff if you have symptoms of a flu-like/respiratory tract illness including:**

- **Fever (at least 100°F/37.8°C)**
- **Cough**
- **Sore throat**
- **Headache – muscle aches**
- **Runny or stuffy nose**
- **Extreme tiredness**
- **Vomiting and sometimes diarrhea**

**If you have any of the above symptoms, please inform the security guard or nurse before taking a seat and you will receive a mask to cover your nose and mouth.**

